

How to put on your Transfemoral or Knee Disarticulation Prosthesis with TES (Total Elastic Suspension)

1. Remove brown Juzo shrinker if worn.



If your socket feels too loose, add extra cotton socks. If more than one sock is worn, they should be put on separately. Both thick and thin socks are available.

If your socket feels too tight, try a thinner cotton sock.

If your socket is still loose with three thick socks or tight with one thin sock, then make an appointment to see your prosthetist.

2. Pull on your sock ensuring there are no wrinkles.



3. Push your residual limb into socket.



4. Stand up where you can lean against something stable. Turn foot of prosthesis out. Pull sock out over the top of the socket.

5. Pull up TES and secure around waist over hip with the velcro strap.



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The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

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