

## Exeter Mobility Centre Prosthetic Service

# A Brief Guide for your First Visit as an Amputee

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### Welcome to the Exeter Mobility Centre

On your first visit, you will be seen by members of the Rehabilitation Team to ensure that we undertake a detailed assessment with you. This appointment usually lasts about an hour.

The team can include an Occupational Therapist, Physiotherapist, Prosthetist and a Counsellor. All have a role to play in helping you following your amputation/birth of a child with a congenital limb deficiency.

### Therapists

A therapist will assess your physical capabilities and may start walking training with a temporary prosthesis (artificial limb).

After your first appointment the Physiotherapist will arrange further walk training for you.

### Individual Prosthetist

If your residual limb has healed, an appointment will be made to take a cast or measurements in preparation for making a limb.

### Amputee Counsellor

A Counsellor is available to all new amputees to help overcome any particular challenges - emotional or psychological - that either you or your family may encounter following amputation.

### At your appointments

You are welcome to bring a partner/family member with you to discuss and plan your future rehabilitation.

As well as the team, you will also see and meet other amputees attending the Centre who are at different stages of rehabilitation.

Following your initial visit to the Exeter Mobility Centre, you will be given an individual plan for your rehabilitation and a timescale for the provision of your prosthesis.

You will be reviewed 6 weeks, 3 months and 12 months after receiving your prosthesis. However, if you need to see/speak to any member of staff, please do not hesitate to contact the Centre to book another appointment.

Please ask if there is anything you do not understand at any time during your visits - we are here to help you.

### Facilities available at the Exeter Mobility Centre

- Disabled car parking - free to blue badge holders.
- The Trust operates a Pay and Display Car Park for all those attending the Centre without a blue badge.
- Disabled toilets.
- WRVS refreshment bar

# Prosthetic Service Feedback

Feedback on all aspects of the service is welcome. If you would like to make suggestions, you can do this by writing to:

## **Kirsty Simpson**

*Centre Manager*

Exeter Mobility Centre

Hennock Road East

Marsh Barton

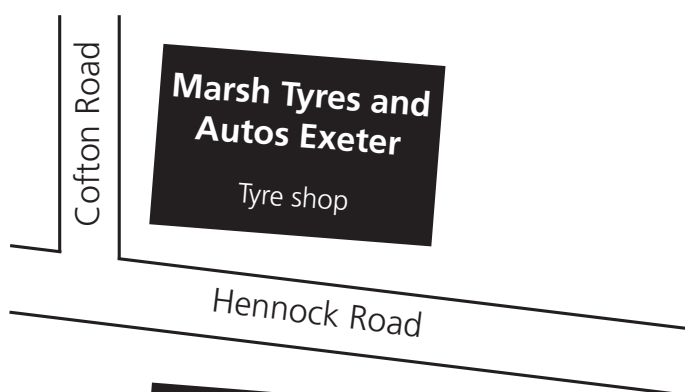
Matford

Exeter

Devon

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## How to find us



**EXETER  
MOBILITY  
CENTRE**

## **Exeter Mobility Centre**

Hennock Road East

Marsh Barton

Matford, Exeter

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EX2 8RU

**Tel: 01392 547400**

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by RD&E staff undertaking procedures at the RD&E hospitals.

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