

Patient discharge information following Angiogram / Angioplasty

(Eastern services)

Other formats

If you need this leaflet in another format such as Braille, large print, high contrast, British Sign Language or translated into another language, contact the Patient Advice and Liaison Service:

- 01392 402093 (for Mid Devon, East Devon and Exeter services)
- 01271 314090 (for North Devon services)
- rduh.pals@nhs.net

1. You should not drive for 48 hours after the procedure
2. You may resume normal activity but avoid heavy lifting and strenuous exercise for 48 - 72 hours. Do not lift anything heavier than 4.5kg/10lbs for one week
3. It is recommended that you support the puncture site with the palm of your hand if you cough, sneeze, laugh or when you stand up and sit down for the first 12 hours following the procedure
4. If the **puncture site in your groin starts to ooze blood or suddenly swells**, lie down flat and get someone to apply firm pressure with two hands over the area until the bleeding stops, this can take 10-15 mins.

If you are unable to stop the bleeding then call 999 to get to urgent assistance, continue to apply pressure.

5. The Radiologist may have sealed the puncture site in your groin with a special 'plug' called a closure device. If this is the case, you would have been given a card to carry with you for the next three months. Please show this card if you are admitted to a hospital or have any procedures. After three months, the plug is absorbed by the body (it does not need to be removed)

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern, please contact PALS:

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Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

You can also share your feedback on the Care Opinion website at www.careopinion.org.uk or freephone 0800 122 3135.



Scan the QR code to visit the Care Opinion website →

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www.royaldevon.nhs.uk

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