

Refreshments

Toast will be offered to patients who are required to eat as part of their recovery after a procedure. In addition there is a coffee shop near the entrance to the Centre for Women's Health. The main hospital restaurant is located on Level 2, area P. You are welcome to bring your own food.

Please speak to a member of staff before eating or drinking in case it is necessary to withhold food and drink until after your investigation or treatment.

If you leave the area for a drink, fresh air, or to make phone calls – please inform a member of staff.

What should I do if I feel unwell when I go home?

Whilst you are under the care of Wynard we will be happy to help address any concerns you have regarding the condition you are being treated for. If you feel unwell and can't wait to discuss the symptoms at your next review then please telephone the ward and they will get in contact with the Specialist team caring for you. If you feel it is a life-threatening situation please call 999 for an ambulance. If you have been discharged from Wynard please contact your GP or 111 out of hours.

Help Reduce the Risk of Spreading Infections

If you have suffered diarrhoea or vomiting in the last 48 hours please inform a member of staff. Please discourage relatives and friends from accompanying you if they have been unwell in the last 48 hours.

Please use the hand gel available



This information can be offered in other formats on request, including a language other than English and Braille.

RD&E main switchboard: 01392 411611

For RD&E services log on to:
www.rdehospital.nhs.uk

Smoking and second-hand smoke causes harm to patients and staff, and is not allowed on any Trust sites.

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Wynard Ambulatory Care Unit

Royal Devon and Exeter **NHS**
NHS Foundation Trust

Patient Information

Wynard Ambulatory Care Unit

Wynard Ward
Centre for Women's Health

Telephone: 01392 406512

Opening Hours
08.00-20.00 7 days a week

Reference Number: CW 17 002 001
(version date: March 2017)

Welcome to Wynard

You have been referred to the team in Ambulatory Care by your consultant to further investigate or treat the problems and symptoms you have been experiencing.

Whilst here, you will be initially assessed by the nursing team before undergoing your planned investigation or treatment. They may perform some of the following tests.

Initial tests can include:

Blood Pressure

Heart Rate

Respiratory Rate

Temperature

Blood Sugar Level

Urine Sample

Weight and Height

ECG – (heart tracing)

Where will I be seen?

You may be asked to wait in our waiting area or be taken through to a bed or recliner chair. We may take you to our clinic rooms or treatment rooms for assessment and discussion regarding your ongoing management.

What if I am due to take medication?

If you are required to take any of your normal medicines whilst on Wynard please approach one of the nursing staff who will advise you. In most circumstances it will be fine for you to continue your normal treatments.

Seeing the Doctor

Some patients will be seen by a doctor following the nursing assessment. Others will be treated by the nursing team on a defined ambulatory pathway. We have doctors on the unit who may be involved in your care, but the consultant who referred you to the unit will retain responsibility for your care.

How long will I be here?

The time people are on the unit varies. Some patients are able to be rapidly assessed and discharged whilst others require complex investigations or treatments that may involve a recovery period. If you have come for a scan to diagnose your condition you may need to wait for several hours after your scan, for the scan to be reviewed and reported by specialist radiologists. We will endeavour to ensure your wait is as short as possible. If you feel you have been waiting too long or are uncertain why you are waiting please feel free to ask the nursing team.

Will I need to come back?

Some conditions can be managed via a single visit. Others require several visits over a period of days. Patients receiving intravenous antibiotics for complex infections may need to attend on a daily basis for a period of weeks. Prior to leaving the unit the nurse in charge of your care will be able to tell you if you need to return and if so will give you the date and time of your next appointment.

Will my GP be informed?

Your consultant who has referred you to Wynard will have written a letter to explain the reason for your appointment and your GP will be sent a copy of this. When you have completed your treatment on Wynard we will send a letter to your GP and consultant to summarise the care you have received and clarify follow-up arrangements.

Transport

You will usually be expected to arrange your own transport to and from your appointment. If you have any concerns regarding this please discuss this with the nurses or your referring consultant.