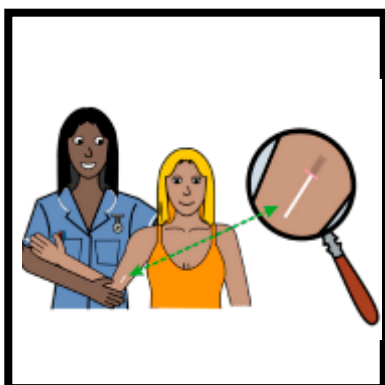


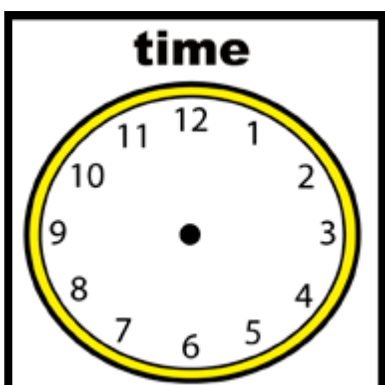
The Contraceptive Implant (Easy Read)



The contraceptive implant is a small flexible rod put under the skin on your upper arm. It contains a hormone called progestogen.



It can be put in place by a Doctor or Nurse
You can have it put in at;
Your Doctors surgery or
The Sexual Health Clinic
It can also be put in on the postnatal ward when you are here.



It does not take very long to put the implant in.



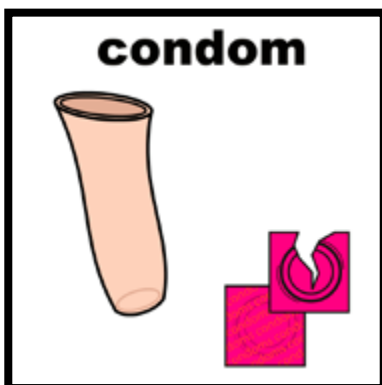
You will have an injection into your arm,
The injection stops you from feeling the
implant going in.

Once the injection is working, the implant
will be placed under the skin.

A dressing will be put in place to cover the
implant.

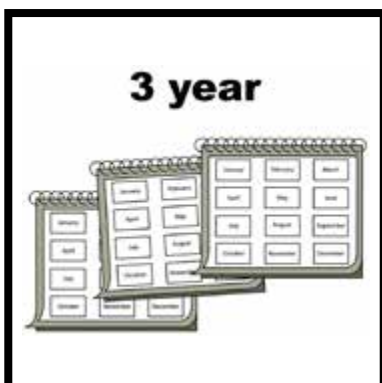


You will need to see the Doctor or nurse
in about 3 weeks to check the implant is
working.



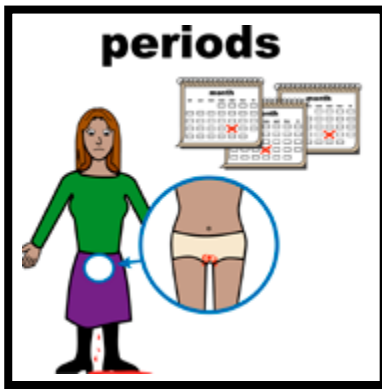
You will need to use a condom if you have
sex while you are waiting for the 3-week
check.

You will need to use a condom to prevent
sexually transmitted infections.



The implant works for three years.

The Nurse or Doctor will remove it and
replace with a new one.



Your periods may change if you have the implant.

Your periods may stop.

You may have heavier bleeding.

You may have lighter bleeding.



You may get headaches.

You may have sore breasts.

If you have any questions please ask the person putting your implant in.

This information can be offered in other formats on request, including a language other than English and Braille.

RD&E (Eastern Services) main switchboard: 01392 411611 NDDH (Northern Services) main switchboard: 01271 322577

For Royal Devon services log on to: <https://royaldevon.nhs.uk>

Smoking and second-hand smoke causes harm to patients and staff, and is not allowed on any Trust sites.

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by Royal Devon staff undertaking procedures at the Royal Devon hospitals.

© Royal Devon University Healthcare NHS Foundation Trust Designed by Graphics (Print & Design), RD&E (Heavitree)