

Adult orthoptic examination

Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, please contact the PALS desk on 01271 314090 or at rduh.pals-northern@nhs.net.

What is an adult orthoptic examination?

An Orthoptist is someone specially trained to test eyes. Adult orthoptic examination often involves the assessment of double vision (diplopia) or an eye muscle problem. The assessment will normally take place at North Devon District Hospital in the eye outpatients department and can take up to an hour to complete.

Why have you been referred?

You may have been referred to an Orthoptist because you are having symptoms such as double vision, ghosting or blurred vision.

What happens during the appointment?

Your Orthoptist will ask questions about symptoms you have and how long they have been present.

He/she will then check your vision and assess your eyes to check for any imbalance in the muscles that control your eye movements.

If you have double vision (diplopia), the Orthoptist will try to join the double vision by using temporary prisms on your glasses. If this is not possible then sometimes one lens of your glasses will be covered over.

It may also be necessary for you to see an Ophthalmologist (a doctor specialising in eyes) as further tests may be required. You might see the Ophthalmologist on the same day but sometimes it is necessary to attend on a separate date for this.

What to bring?

Please bring your current glasses with you - your reading glasses and distance glasses if you have both.

Further information

If there is anything further you would like to know, please do not hesitate to contact the Orthoptic Clinic.

Tel: 01271 322469

Fax: 01271 311715

Useful website:

British and Irish Orthoptic Society
www.orthoptics.org.uk

Squint Clinic
www.squintclinic.com

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email rduh.pals-northern@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

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Tell us about your experience of our services. Share your feedback on the Care Opinion website www.careopinion.org.uk.

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