

# Having an ultrasound scan (Easy read)

(Eastern)

## Other formats

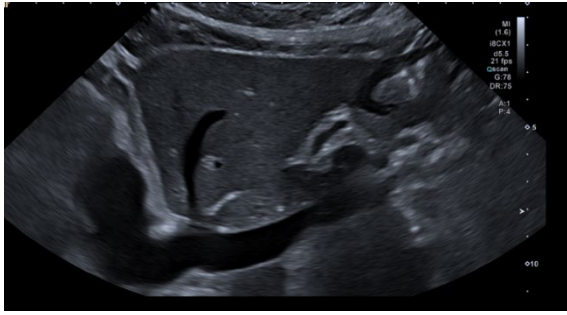
If you need this leaflet in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, contact the Patient Advice and Liaison Service:

- 01392 402093 (for Mid Devon, East Devon and Exeter services)
- 01271 314090 (for North Devon services)
- [rduh.pals@nhs.net](mailto:rduh.pals@nhs.net)

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## What is an ultrasound scan?



You are coming to hospital for an ultrasound scan. An ultrasound scan uses sound waves to make a picture of inside your body. This helps the Doctors work out how to look after you.



This is an ultrasound machine. It has different cameras on it which give us a picture of the inside of your body on the screen.

## When you arrive at the hospital

- Go to the Medical Imaging (X-ray) Department.
- Hospital staff can help you find it.
- Tell the person at X-ray reception your name and when your birthday is.
- You will sit in the waiting room. Hospital staff will call your name when it is your turn.

## What will happen?



The sonographer, who is the person that takes your pictures, will take you into the Ultrasound room for your scan.



We will ask you to lie down. We will put some jelly on your skin. This will feel a bit cold. The sonographer will move the camera and the jelly over your skin.



We need you to stay very still while we take the ultrasound pictures.

## What will happen next?



We will give you a tissue to wipe off the jelly.



When we have enough pictures, you can move again.

## What happens now?



If you are not having any other scans, you can go home.

We will send a report of the scan to your doctor.

Your doctor will explain the results of your scan to you.

## Your notes

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### PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern, please contact PALS:

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### Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

You can also share your feedback on the Care Opinion website at [www.careopinion.org.uk](http://www.careopinion.org.uk) or freephone 0800 122 3135.



Scan the QR code to visit the Care Opinion website →

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