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# In this February edition:

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## LGBT+ History Month 2023

Equality, Diversity and Inclusion Books and Resources are available from the Library. Find out more <u>HERE</u>.



<u>northdevonhealth.nhs.uk/library/</u> <u>ebooks/kortext-ebooks/</u>



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Ebooks available with an OpenAthens account from Kortext and ClinicalKey. Find out more <u>HERE</u>.

Journals available via BrowZine. Find out more <u>HERE</u>.



## LGBT+ History Month 2023

### Recommended Reads this LGBT+ History Month

Click on the images below to access the catalogue record. For hard copy books-Fill out a request form <u>HERE</u> or email us at rduh.library-northern@nhs.net to request.



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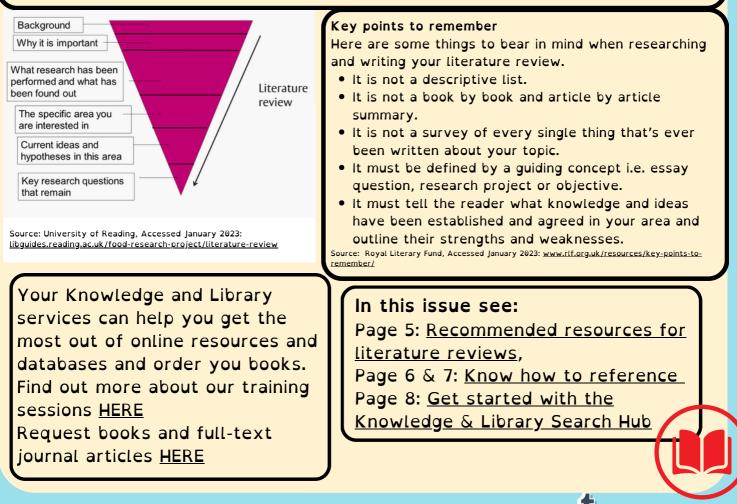
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## Know-How: Doing a Literature Review



#### Preparing a literature review involves:

- Searching for reliable, accurate and up-to-date material on a topic or subject
- Reading and summarising the key points from this literature
- Synthesising these key ideas, theories and concepts into a summary of what is known
- Discussing and evaluating these ideas, theories and concepts
- Identifying particular areas of debate or controversy
- Preparing the ground for the application of these ideas to new research Source: University of Kent, Accessed January 2023: <u>www.kent.ac.uk/guides/literature-reviews/literature-reviews#preparing-a-literature-review-involves-</u>



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### **Recommended resources-Literature Reviews**





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## **Know-How:** Referencing

#### Referencing is an essential part of academic writing for several reasons. Here are four of the most important:

- It shows that you have consulted and are familiar with the relevant research
- It ensures you have given due credit to the creators of ideas and information
- It enables your readers to consult the works you have referenced
- It helps you avoid plagiarism

#### Referencing styles

There are many different referencing styles, such as Harvard, APA, MHRA and OSCOLA.

It is important to ensure that you are following the appropriate style for your subject. Check if you are unclear as to which style you should be using.

Once you know which style you should be using, the most important thing is to cite sources accurately and consistently.

When to reference

You should reference any source of information you draw on in your work. Here are two good rules to follow:

- If the information comes from outside your own head, then cite the source.
- If in doubt, provide a citation.

Following these rules will ensure that someone reading your work will be able to clearly distinguish between information and ideas that are your own, and information or ideas that you have encountered elsewhere.

#### How to reference There are three principle ways of working sources in to a piece of writing: summarising, paraphrasing and quoting. Find out more about these <u>HERE</u>

Find out more about Referencing styles <u>HERE</u>

#### 1. Footnotes, endnotes and in-text citations

Depending on the referencing style you use, you will either cite sources in footnotes, in endnotes or in the body of the text itself. Harvard, for example, uses in-text citations, whereas MHRA uses footnotes and Vancouver uses endnotes.

Make sure that you know which referencing style you are meant to use, and follow it accurately and consistently.

#### 2. Different kinds of sources

You will likely cite various types of sources. This includes not only books and journal articles, but perhaps also webpages, reports, laws or media. Different types of sources are cited differently depending on the referencing style you use. For detailed guidance consult Cite Them Right.

#### 3. Bibliographies and reference lists

Your written work should not only include citations when you refer to another person's work, but also a bibliography and/or reference list.

A bibliography provides the bibliographic information for all of the sources you consulted while carrying out an assignment, including any that you did not cite. A bibliography is ordered alphabetically by author's surname, and appears at the end of your assignment.

A reference list provides the bibliographic information only for the sources cited in your work, and appears at the end of your document (but before the bibliography, if you have both).

Cite Them Right is an excellent source of help with creating bibliographies and reference lists.

#### 4. Reference management software

Many students and staff use reference management software to keep track of their sources and save time when writing. The most commonly-used referencing software packages are EndNote, Mendeley and Zotero. Regardless of which one you use, it will allow you to store and organise sources, as well as quickly insert citations into a piece of writing and automatically generate a reference list or bibliography.

Thank you to University of Bristol for this guide. Accessed January 2023: <a href="https://www.bristol.ac.uk/library/subject-support/referencing/">www.bristol.ac.uk/library/subject-support/referencing/</a>

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**Recommended resources for Referencing** 



### Free Referencing tools



<u>MyBib</u> - Free bibliography and citation generator that makes accurate citations for you to copy straight into your academic assignments and papers



zotero

**z**otero**bib** 

<u>Mendeley Desktop</u> - Free referencing software available for download to generate bibliographies.

<u>Zotero</u> - Free referencing tool to help collect, organise, cite and share research.

<u>ZoteroBib</u> - Build a free bibliography instantly from any computer or device, without creating an account or installing any software.



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## KNOWLEDGE AND LIBRARY SEARCH HUB

NHS Knowledge and Library Services

### Evidence at your fingertips

NHS Health Education England

> You will need an OpenAthens account. Sign up <u>HERE</u>

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Use the NHS Knowledge and Library Hub to find journals, e-books, trusted decision-making tools and more

The Knowledge and Library Search Hub connects NHS staff and learners to high quality knowledge and evidence resources in one place.

The Knowledge & Library Search Hub includes:

- journals, books and databases
- clinical decision support resources including NICE Guidelines and BMJ Best Practice
- policy and management information and research literature
- resources purchased nationally and locally
- one-click links to full-text, request a copy or contact an NHS library

Access the Knowledge and Library Search Hub and find out more <u>HERE</u>



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# FOCUS ON PHYSIOTHERAPY

Access Books, Journals, Point of Care Tools and more via the Knowledge and Library Search Hub HERE Login with OpenAthens for full access to our online resources



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## THE LIBRARY @ NDDH

Palliative Medicine

A CASE-BASED MANUAL

AUTISM

CHARACTERISTICS CAUSES & F

JILL BOUCHER

Managing

Syndrome

LONG COVID

SPECTRUM

DISORDERS

DITED BY LEONIE HERK | ANNE BOYLE

## **Recommended reads**

"Books are a uniquely portable magic." - Stephen King

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#### Palliative medicine : a case-based manual by Susan MacDonald

Now in its fourth edition, Palliative Medicine: A case-based manual walks clinicians through the management of the most common situations found in palliative medicine, from diagnosis and managing symptoms through to grief and bereavement. Using real patient case scenarios and an easy-to-read question and answer format, it gives students and medical professionals an accessible, evidencebased entryway to gain the skills and knowledge needed to provide high quality palliative and end of life care to patients and their families. This new edition has been fully updated to cover the latest guidance, including new chapters dedicated to medical cannabis, opioids, grief and bereavement, and wider issues including palliative care in the community, structurally vulnerable populations, and public health.

### Autism spectrum disorder : characteristics, causes and practical issues by Jill Boucher

What are the historical foundations of autism and what precisely is meant by the 'autistic spectrum'? How can we explain behavioural patterns of people with autism, young or old, and what are the major theoretical bases for understanding these? What is the latest thinking regarding diagnosis, and what are the most effective strategies for assessment, education and care for people on the autistic spectrum? From historical information to methods of assessment, and from intervention to education and support, this informative and accessible text explores theories at the psychological, neurobiological and 'first cause' levels. This fully up to date Third Edition answers these questions with a strong practical focus, encompassing the latest research on autistic spectrum disorders.

#### Managing long COVID syndrome by Thanthullu Vasu

This book will be useful to all frontline healthcare professionals to help diagnose, manage and direct patients to the available resources. General practitioners, physiotherapists, pain therapists, nurses, surgeons, physicians, junior doctors, psychologists, medical students and other clinicians will be able to update their knowledge on long COVID syndrome with this easy-to-read book. Patients will also find the book useful to understand the basis of the disease and how they can seek help. This comprehensive treatise covers a wide variety of topics on long COVID syndrome including the aetiopathogenesis, recognition, systemic involvement, investigations, guidelines on management, available resources, systemic management and pain/fatigue management.

Click on the book covers to access the catalogue record. For hard copy books-Fill out a request form <u>HERE</u> or email us at rduh.library-northern@nhs.net to request.

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## **Recommended reads**

"Once you have read a book you care about, some part of it is always with you."

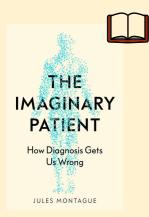
- Louis L'Amour

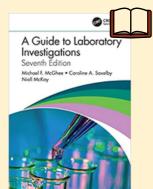
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#### Bones and joints : a guide for students by James Harcus

BONES and JOINTS ACUDE FOR STUDENTS JOINTS ACUDE FOR STUDENTS JOINTS JOINTS ACUDE FOR STUDENTS





Now in its eighth edition, this highly respected core textbook is essential reading for all healthcare students learning about the bones and joints of the body. The information is logically ordered and easy to read; comprehensive enough for students and health professionals alike, but not so dense as to be overwhelming. It covers the normal structure of bones and joints and goes on to provide an introduction to common fractures and pathology and how they appear on imaging. Bones and Joints is the perfect initial textbook, as well as a revision and refresher guide that will suit students of radiography, physiotherapy, osteology, sports medicine and nursing.

#### The imaginary patient : how diagnosis gets us wrong by Jules Montague

A diagnosis is supposed to give us certainty, our first step on the road to recovery. But what if your diagnosis is inflected by a doctor's bias, swayed by Big Pharma, or designed to protect the police? What happens when you are -- or your child is -- refused a diagnosis for a condition the establishment will not recognise?

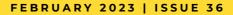
As a consultant neurologist, Dr Jules Montague saw the relief a diagnosis could bring, but she also came to see its limitations. In this eye-opening and humane account, Montague meets with the patients and families who have had their lives turned upside down by a diagnosis they never deserved. She speaks to parents fighting for recognition of their children's symptoms; men and women whose bodies have been stigmatised by society; and to the families of young black men who are being diagnosed posthumously with a condition that could exonerate their killers.

Through these stories of heartbreak and resilience, Montague shines a light on the troubled state of diagnosis, and asks how we might begin to heal.

#### A guide to laboratory investigations by Michael McGhee

Completely up-to-date, A Guide to Laboratory Investigations, Seventh Edition remains an essential handbook for all primary care professionals professionals and a valuable reference for medical students and hospital physicians in training and in practice. With increasing responsibility being placed on primary care, the book includes guidelines on specific clinical conditions such as heart failure, management of female infertility, specific lipid monitoring in diabetes and guidance for monitoring renal failure. It also includes suggestions for appropriate laboratory tests in certain clinical situations.

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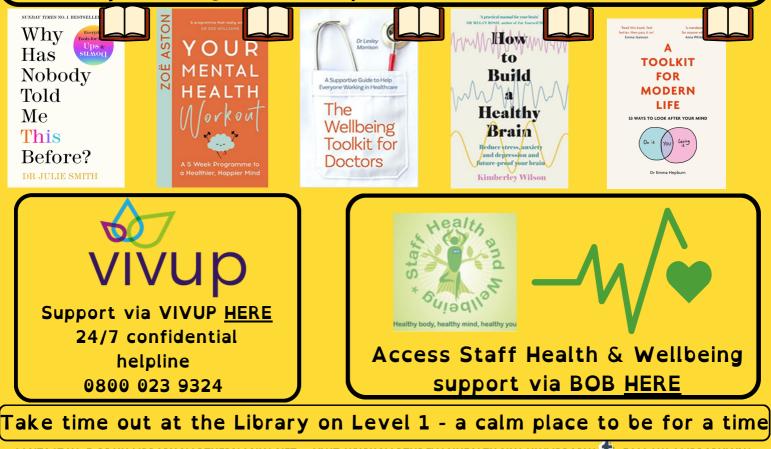
### THE LIBRARY @ NDDH University Healthcare MIS Foundation Trust Time to Talk Day 02/02/23



Why Time to Talk Day is important

- One in 4 of us will experience a mental health problem in any given year.
- We want everyone to feel comfortable talking about mental health whenever they like.
- Talking about mental health reduces helping to create supportive communities where we can talk openly about mental health and feel empowered to seek help when we need it.
- Opening up the conversation about mental health problems is important. By talking about it, we can support ourselves and others.

Access books and resources to help support your mental health via the library. Click on the book covers to access the catalogue record. For hard copy books-Fill out a request form <u>HERE</u> or email us at rduh.library-northern@nhs.net to request.



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