

# Easy Read Guidance For TEP Form (Treatment Escalation Plan)

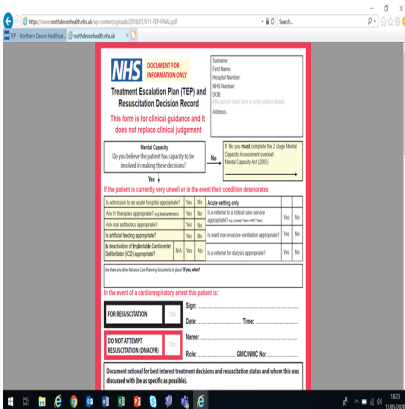




Thinking about dying can be very difficult. It's ok to be scared or upset, the doctors, nurses and your families, friends and carers can help you.



Sometimes people die because they are old and sometimes people die because they are sick.



The Hospital has a form called a Treatment Escalation Plan (TEP). This form allows the doctor to discuss with you what treatment you want if you become very sick when you are in hospital.

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**NHS**  
Royal Cornwall Hospitals  
NHS Trust

Easy Read Guidance  
For TEP Form  
(Treatment Escalation Plan)



Chairman: Dr Matt McLean  
Chief Executive: Mrs Kate Shields  
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This leaflet will help you to try and understand the form and the decisions the doctors and nurses will be making with you, your family and carers.



The TEP form asks you questions that you can answer yes or no to.

The doctor will talk to you about whether coming into hospital is the best thing for you to do. They doctor might not be able to make you better and they will ask if you would rather stay in your home with family and carers around you or come into hospital to be looked after.

You may want to know more about the treatments, like if you will have pain, how well they will work, this is OK and you do not have to decide quickly.





The doctor will talk to you about taking medicine and whether you want to continue taking this to try and make you better. The doctor might tell you that they aren't making you better anymore.



Doctors may talk to you about whether they think it's a good idea for you to have tubes and lines connected so that you can get water, food and medication



If you become very ill in hospital you may have to decide if you want to have a mask on that helps your breathing



To use this mask you will need to move to a ward that looks after very sick people called critical care. The doctor may think this is not the best thing for you and will talk to you and your family about their decision.



The doctor will also talk about cardiopulmonary resuscitation (CPR). The doctors and nurses can sometimes use CPR to start your heart again if it stops



CPR does not always work but it could save your life. The doctor will talk to you about trying CPR if your heart stops. They will decide with you, your family and carers.



If you all decide that CPR would not be the right thing to do for you. the doctor will fill this in on the TEP form. It is called a do not attempt (try) to resuscitate or DNA CPR.



It is important that you are involved in completing your TEP form. You can discuss all the choices with your doctor, nurse and your family, friends and carers. The doctors and nurses can explain anything you **don't** understand.



If you don't have any family or carers and you need support with your TEP form. The learning disability team can support you in the hospital.

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