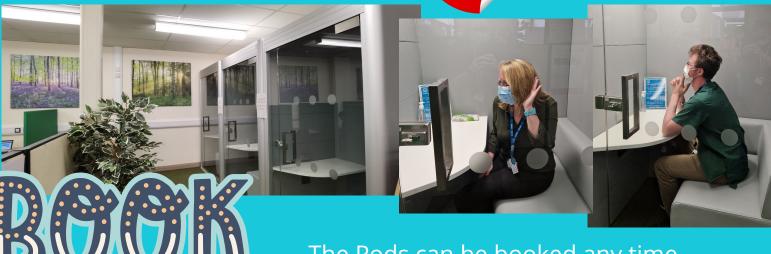




LIBRARY PODS-BOOKING NOW

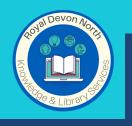
Library pods are available for meetings, training, lectures or other situations where you need a private space.





The Pods can be booked any time Monday-Friday between 8.30am – 4.30pm. You will need your own device (laptop, tablet, phone). Please note the pods are not entirely soundproof so we do advise using headphones.

For more information and how to book: northdevonhealth.nhs.uk/library/pods/





RESOURCES FOR PATIENTS

Escape with a Book!

Patients can borrow from our Leisure Library on Level 1 to pass the time and find comfort in a good read.

Just give us a call on 322363 x2363 and we can put a selection together or drop by and have a browse if you are able to.









KLS AWARENESS WEEK

Health Education England Knowledge and Library Services



AWARENESS WEEK 13 - 17 JUNE

#KLSNAW

As professional teams, knowledge and library specialists work closely with you - health and care staff, trainees and students, providing a unique expertise to help you grow professionally and personally throughout your career journey.

Find out more HERE









In practice, this means that knowledge services give you the **Gift of Time** to focus on patients and ultimately improve patient care and outcomes.



The Library's positive impact helps take the 'heavy lifting' out - bringing reliable, up to date evidence to healthcare, driving informed decision making and delivering real change.

Locally, NHS knowledge and library services offer a library learning space on site as well as delivering remote digital services, ensuring knowledge and evidence is at the fingertips of staff and learners.









Your NHS Knowledge and Library Service there for you 24/7!

Our services are available to all staff, students, community based staff, clinical & non-clinical. For more information visit the website or contact us.





KLS AWARENESS WEEK

NHS
Health Education England
Knowledge and Library Services



AWARENESS WEEK

13 – 17 JUNE

#KLSNAW

Your Knowledge and Library staff are experts in:

- Providing the right, evidence based intelligence to help you make the right decisions about patient care
 - Finding the most up to date information to simplify research and the spread of innovation
 - Supporting your education and lifelong learning



Giving you the Gift of Time - Check with your knowledge and library team that you are tapping into all our digital knowledge resources and Library Services

Taking the heavy lifting out of evidence searches

Find out more **HERE**





Digital resources at your fingertips -

your library is online northdevonhealth.nhs.uk/library/



Giving you space to think-

Remember your library space is a great place to collaborate, learn and reflect.

Use our computers, Study Desks or Book a Library Pod <u>HERE</u>

Our support and services save you time to care for your patients

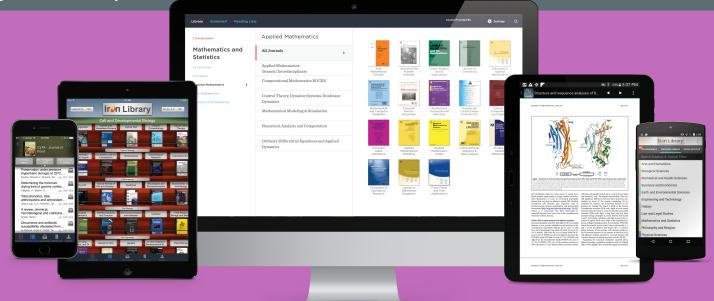
Our services are available to all staff, students, community based staff, clinical & non-clinical. For more information visit the website or contact us.



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Knowledge and Library Hub

Searching: Health and care evidence, from Health Education England

Keyword

Enter any words

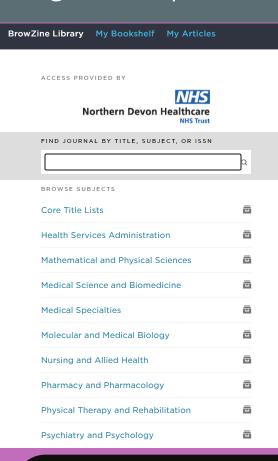




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With **My articles** enable offline reading of saved articles.



Access via the Knowledge and Library Services website <u>HERE</u> or Download the App











EVIDENCE SEARCHING SERVICE

Let us give you the Gift of Time with our <u>Evidence Searching</u> service.



Do you need information to support clinical practice or your research project?
Looking for evidence to update a policy or guidelines?
Do you require articles for your teaching session?

We can help by carrying out an evidence search on your behalf. If you would like us to undertake a evidence search for you, please fill out our online request form HERE or email ndht.library@nhs.net.

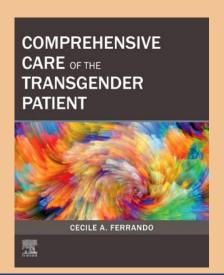








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Comprehensive care of the transgender patient By Cecile A. Ferrando

An up-to-date, multidisciplinary resource on transgender health care and surgery. Comprehensive Care of the Transgender Patient, covers all aspects of transgender health care, beginning with epidemiology and history and progressing to an in-depth review of the complex transition for patients, including mental health services, endocrine and hormone therapy treatment, and surgical options. Incorporates all of the latest guidelines for providers and patients, written by experts from a wide variety of

disciplines involved in transgender patient care. Contains outstanding surgical chapters contributed by prominent surgeons who regularly perform these procedures, providing clear guidance on male-to-female and female-to-male surgical

options.





The art of being normal By Lisa Williamson

Two outsiders. Two secrets. David longs to be a girl. Leo wants to be invisible. When Leo stands up for David in a fight, an unlikely friendship forms. But things are about to get messy. Because at Eden Park School, secrets have a funny habit of not staying secret for long . . .

'Heart-warming and ground-breaking.' - Independent
'Impressive and affecting.' - Guardian
'Passionate and gripping.' - Telegraph
'Life-affirming.' - Marie Claire
'A compelling story with a top of heart ' - BuzzFeed

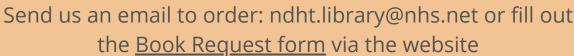
'A compelling story with a ton of heart.' - BuzzFeed 'A life-changing and life-saving book.' - Philip Pullman





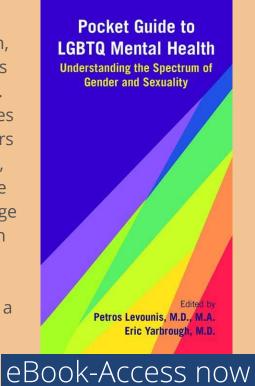






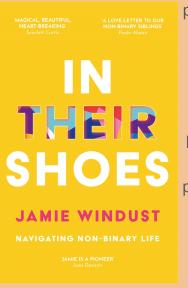
Pocket guide to LGBTQ mental health: understanding the spectrum of gender and sexuality By Petros Levounis & Eric Yarbrough

The Pocket Guide to LGBTQ Mental Health is a down-to-earth, informative, and affirming manual for mental health clinicians working with patients of diverse gender and sexual identities. In recent years, people have begun to grapple with these issues in a healthier, more public way, and mental health practitioners must be prepared to meet their patients with the knowledge, understanding, and grasp of the context in which patients live their lives. The editors have brought their specialised knowledge to the project and, along with contributors who are experts in the field of LGBTQ mental health, have created a book of uncommon empathy. The writers have drawn on both the scientific literature and their own clinical experience to create a volume that is informative, practical, and easy to read.



In Their Shoes

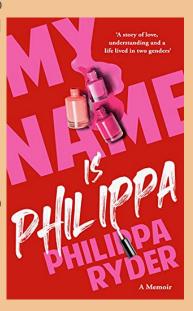
By Jamie Windust



In Their Shoes -Combining light-hearted anecdotes with their own hard-won wisdom, Jamie Windust explores everything from fashion, dating, relationships and family, through to mental health, work and future key debates. From trying on clothes in secret to iconic looks, first dates to polyamorous liaisons, passports to pronouns, Jamie shows you how to navigate the world and your evolving identity in every type of situation.

My Name is Philippa is a remarkable memoir, and above all, a story about love, understanding and a family who stuck together as Philippa moved from husband and father to wife and mother. Within these pages Philippa offers answers to many questions people ask, genuinely, to understand what it means to be transgender. She describes the physical as well as the emotional process of Transition. Philippa voices truth out of silence, courage through fear, and joy by following the horizon she sees.

My name is Philippa By Philippa Ryder

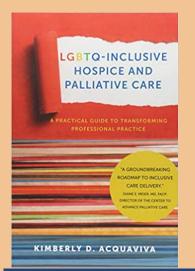








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LGBTQ-inclusive hospice and palliative care: a practical guide to transforming professional practice By Kimberly D. Acquaviva

This is the only handbook for hospice and palliative care professionals looking to enhance their care delivery or their programs with LGBTQ-inclusive care. Anchored in the evidence, extensively referenced, and written in clear, easy-to-understand language, LGBTQ-Inclusive Hospice and Palliative Care provides clear, actionable strategies for hospice and palliative physicians, nurses, social workers, counsellors, and chaplains.

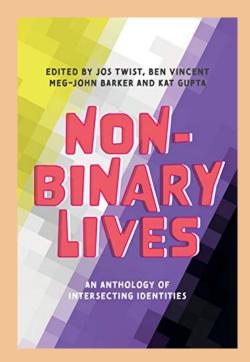
eBook-Access now





Non-binary lives: an anthology of intersecting identities By Jos Twist, Meg-John Barker, Kat Gupta, Benjamin Vincent

What does it mean to be non-binary in the 21st Century? Our gender identity is impacted by our personal histories; the cultures, communities and countries we are born into; and the places we go and the people we meet. But the representation of contemporary non-binary identities has been limited, until now. Pushing the narrative around non-binary identities further than ever before, this powerful collection of essays represents the breadth of non-binary lives, across the boundaries of race, class, age, sexuality, faith and more. Leading non-binary people share stories of their intersecting lives; how it feels to be non-binary and neurodiverse, the challenges of being a non-binary pregnant person, what it means to be non-binary within the Quaker community, the joy of reaching gender euphoria. This thought-provoking anthology shows that there is no right or wrong way to be non-binary.









EQUALITY, DIVERSITY & INCLUSION RESOURCES

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Transgender Employees in the Workplace



This programme provides health and social care staff with an introduction to the Sexual Orientation Monitoring Information Standard. The programme sets out why the Standard was introduced in adult health and social care services, explains some of the health inequalities experienced by lesbian, gay and bisexual (LGB) communities and explores the benefits of monitoring.

https://www.e-lfh.org.uk/programmes/sexualorientation-monitoring-information-standard/

Journal Article:

Improving lesbian gay bisexual and trans (LGBT) equality across the NHS

Journal



TRANS AND NON-BINARY GENDER HEALTHCARE









Transgender Health

https://browzine.com/libraries/1784/journals /121754/issues/current

https://www.northdevonhealth.nhs.uk/ library/ebooks/kortext-ebooks/



Journal access through **Browzine** available with an OpenAthens account

https://openathens.nice.org.uk/

Equality, Diversity and Inclusion **Books and** Resources are available from the Library. Find out more HERE.

Login with **OpenAthens** for full access to our online resources







EQUALITY, DIVERSITY & INCLUSION RESOURCES

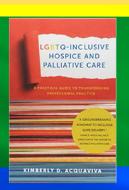


https://www.northdevonhealth.nhs.uk/library/ebooks/clinicalkey/

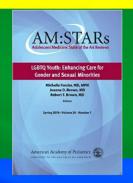
EBSCO eBooks & Audiobooks



What Health Care Professionals Need to **Know About Sexual** and Gender Diversity



LGBTQ -Inclusive hospice and palliative



AM:STARs LGBTQ Youth: **Enhancing Care** for Gender and Sexual **Minorities**



Designing and Conducting Gender, Sex, and Health Research

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