

Endocrine tracker for low-risk thyroid cancer

Other formats

If you need this leaflet in another format such as Braille, large print, high contrast, British Sign Language or translated into another language, contact the Patient Advice and Liaison Service:

- 01392 402093 (for Mid Devon, East Devon and Exeter services)
- 01271 314090 (for North Devon services)
- rduh.pals@nhs.net

Your Oncology Consultant has assessed your thyroid cancer recurrence risk as very low and feels your long-term care can be provided by adding you to the Endocrine tracker.

What is the Endocrine tracker?

The tracker is a computer-based system that allows us to monitor your bloods, notify you of results, advise any changes and plan the next set of tests. It also allows us to email results/advice to your GP for prompt action if required.

We monitor thyroglobulin levels, which are used to assess if there is any evidence of recurrence. We monitor Thyroid Stimulating Hormone (TSH) levels to ensure that your thyroid hormone replacement is in the range recommended by your Oncology Consultant.

The tracker offers a convenient, time saving way of reviewing patients by reducing the need for repeated outpatient appointments and improving the patient experience.

The tracker is managed by the Endocrine Specialist Nurse (ESN) who:

- Has expertise in endocrine conditions, their care and management.
- Works in close liaison with the thyroid multidisciplinary team, consultant endocrinologists and your GP.

How does the tracker work?

Your consultant has assessed your suitability for the tracker and feels it is an appropriate care management strategy for you.

The ESN will add you to the tracker following referral from your consultant. You will receive letters when you have had blood tests done or reminders if the blood test is overdue. The tracker letters may include changes to medication and a blood form for further tests will be included, if required. Your GP also receives a copy of the tracker letters sent to you.

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern, please contact PALS:

- 01392 402093 (for Mid Devon, East Devon and Exeter services)
- 01271 314090 (for North Devon services)
- rduh.pals@nhs.net

Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

You can also share your feedback on the Care Opinion website at www.careopinion.org.uk or freephone 0800 122 3135.



Scan the QR code to visit the Care Opinion website →

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www.royaldevon.nhs.uk

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www.royaldevon.nhs.uk/get-in-touch