

## Title

# Mental Health Units / Restraint Policies

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Reference Number: RDF1655-23

Date of Response: 06/07/23

Further to your Freedom of Information Act request, please find the Trust's response(s) below:

Please be aware that the Royal Devon University Healthcare NHS Foundation Trust (Royal Devon) has existed since 1<sup>st</sup> April 2022 following the integration of the Northern Devon Healthcare NHS Trust (known as Northern Services) and the Royal Devon and Exeter NHS Foundation Trust (known as Eastern Services).

### **Request 1.**

Please could you list all your 'mental health units' as defined above, including those that provide treatment for psychiatric or behavioural problems linked to psychiatric disorders (e.g. depression, bipolar, schizophrenia, eating disorders), dementia, learning disabilities or autism.

### **Request 2.**

Please provide copies of the 'restraint policies' prepared by each of these units in accordance with s3 of the Mental Health (Use of Force) Act 2018. If you are not sure what I mean by this, the government guidance is [here](#).

The Trust does not have any adult mental health units for adults at RDUH Eastern or Northern services. We refer you to Devon Partnership. Please see link below:

[Freedom of information | DPT](#)

The Trust does not have any mental health units for children or young people at RDUH Eastern or Northern services.

We utilise the NHS England portal for guidance and policy. <https://ngt-restrictive-practice.nhs.uk/>

The Trust is currently working through the use of force act recommendations.