

## Forceps Birth (Easy Read)



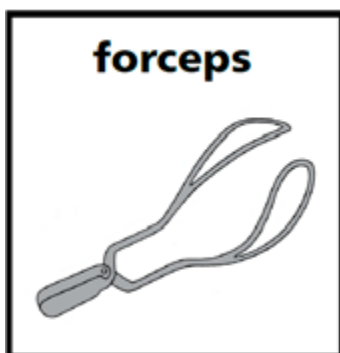
Sometimes baby's need some help to be born.

This could be if your baby's head is in the wrong position.

It could be because your baby is tired.

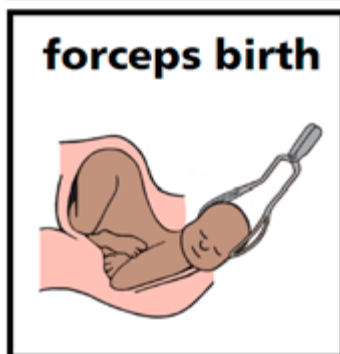
It could be because your contractions are not strong.

It could be because you are tired.



- If this happens your Doctor may want to use forceps to help your baby be born.

- Forceps are a medical instrument that can help your baby be born.



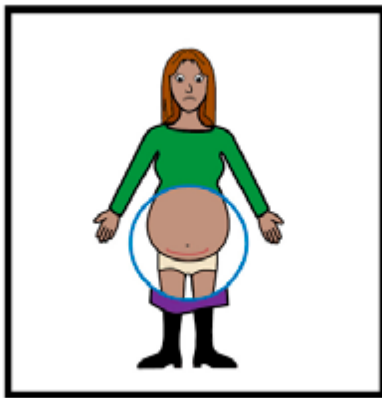
- Forceps are like big silver spoons.

- Forceps support your baby's head and help to pull it out.



- When you have a contraction, you will push and the Doctor will gently pull.

- Your Doctor will tell you when to push.



- Your Doctor may need to do a cut in your vagina to help your baby be born.
- You will have a numbing injection before this happens.
- This is called an Episiotomy



- Sometimes the forceps do not work.
- If they do not work you will need a caesarean section.



- Sometimes babies born with forceps have bruises on their cheeks.



- If you have any questions please ask your Midwife or Doctor.

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