

Title Nausea & Vomiting In Pregnancy / Hyperemesis Gravidarum

Reference Number: RDF1721-23 Date of Response: 22/08/23

Further to your Freedom of Information Act request, please find the Trust's response(s) below:

Please be aware that the Royal Devon University Healthcare NHS Foundation Trust (Royal Devon) has existed since 1st April 2022 following the integration of the Northern Devon Healthcare NHS Trust (known as Northern Services) and the Royal Devon and Exeter NHS Foundation Trust (known as Eastern Services).

Nausea and vomiting in pregnancy (NVP)/Hyperemesis Gravidarum (HG): a survey of UK practice

Hospital name: Royal Devon University Healthcare NHS Foundation Trust

Eastern Service response:

De	etails of hyperemesis service	Response		
1	Are your patients routinely offered screening for NVP/HG at their booking visit?	No		
2	Do you offer community care for women with NVP/HG? (e.g. in a community day centre or at home)	No		
3	Do you offer ambulatory management for women with NVP/HG?	Yes If yes, where? Gynaecology ward If 'Other' please specify:		
4	If admitted to hospital in which locations are NVP/HG managed?	Different setting depending on gestation Up to 14 weeks under Gynaecology ward, Over 14 weeks on antenatal ward under Obstetrics		
5	Which of the following criteria do you use for admission for	Continued nausea and vomiting, inability to keep down oral antiemetics		

inpatient management? Select all that apply.	Continued nausea and vomiting associated with weight loss despite oral antiemetics	X
	Ketonuria	
	Confirmed/suspected comorbidity (e.g. urinary tract infection)	X
	Other	□X
	If 'Other' please specify: PUQE score > 13 Abnormal LFT Abdominal pain or vaginal bleeding Patient unable to walk/go home	

Assessment and management							
Which drugs/therapies are routinely recommended by your service?							
Please check the appropriate box Therapy As 1 st As 2 nd As 3 rd Only For a As							
Therapy	line	line	line	Only after 1st	maximu	required	
	medicat	medicat	medic	trimest	m of 5	(PRN)	
	ion	ion	ation	er	days	(1 1(14)	
Ginger	X						
Acustimulations							
Hypnosis							
Ondansetron		X					
Cyclizine	×						
Domperidone		X					
Prochlorperazine	X						
Promethazine	□X						
Chlorpromazine							
Metoclopramide	X						
Thiamine	X						
Pyridoxine			□X				
Corticosteroids			■X				
Diazepam							
Proton pump inhibitor							

7	Do you require patients to sign a risk form	Yes If 'Yes', please specify: Risk of cleft palate discussed with ondansetron	
	when prescribed any of the above?		
8	Which IV rehydration do you routinely offer? Please select all:	0.9% Normal saline	x_
	onor: Trodoc coloct all.	Hartmann's solution	x_
		Dextrose	
9	Do you offer enteral or parenteral nutrition for patients resistant to treatment?	Yes	
10	Are patients routinely offered a mental health screen?	Yes	

Pre-	-pregnancy counselling	Response				
11	Does your unit offer pre-pregnancy counselling for women with a history of severe NVP/HG?	Yes				
12	Do you have any further comments regarding management of NVP/L patients in your trust? No					

Northern Service Response:

Details of hyperemesis service		Response
1	Are your patients routinely offered screening for NVP/HG at their booking visit?	No
2	Do you offer community care for women with NVP/HG? (e.g. in a community day centre or at home)	No
3	Do you offer ambulatory management for women with NVP/HG?	Yes If yes, where? Gynaecology ward If 'Other' please specify:
4		Different setting depending on gestation

	If admitted to hospital in which locations are NVP/HG managed?	Gynaecology ward up to 18 weeks. Over 18 weeks – Obstetrics Day Assessment Unit			
5	Which of the following criteria do you use for admission for inpatient management? Select	Continued nausea and vomiting, inability to keep down oral antiemetics	x		
	all that apply.	Continued nausea and vomiting associated with weight loss despite oral antiemetics			
		Ketonuria	X		
		Confirmed/suspected comorbidity (e.g. urinary tract infection)	X		
		Other			
		If 'Other' please specify:	1		

Assessment and management Which drugs/therapies are routinely recommended by your service? Please check the appropriate box As 2nd Therapy As 1st As 3rd Only For a As require line line line after maximu 1st medicati medicati medicati m of 5 trimest (PRN) on on on days er Ginger X Acustimulatio ns **Hypnosis** X Ondansetron X **Cyclizine** Domperidone **Prochlorperaz** X ine **Promethazine** X Chlorpromazi Metocloprami X **X** de **Thiamine Pyridoxine**

Cortic	costeroid			x				
Diazepam								
Proton pump inhibitor							x	
7	Do you re	quire patien	ts to sign a r	isk form	Yes			
	when pres	scribed any	ed any of the above?			If 'Yes', please specify:		
					Risk of cleft palate			
					discusse	d with onda	setron	
		rehydration do you routinely offer? lect all:			0.9% No	rmal saline	□x	
T lease se					Hartmann's solution			
					Dextrose			
9	Do you of	fer enteral o	r parenteral	I nutrition Yes				
for patient		ts resistant t	o treatment?					
10 Are patier		nts routinely offered a mental			Yes			
	health scr	reen?						

Pre	-pregnancy counselling	Response
11	Does your unit offer pre-pregnancy counselling for women with a history of severe NVP/HG?	Yes
12	Do you have any further comments regarding management of NVI patients in your trust? No	P/HG