

Condoms (Easy Read)



Condoms can be up to 98% effective at preventing pregnancy if used properly.

Condoms are a rubber tube that go onto the penis before you have sex.

You need to use a new condom each time that you have sex.

Condoms can also prevent Sexually Transmitted infections.



Always check that the condom is in date

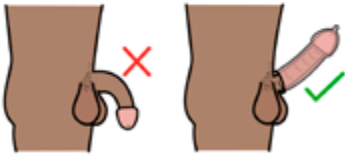
Open the packet carefully

Take the condom out of the packet.



Squeeze the air out of the tip of the condom.

condom on erection

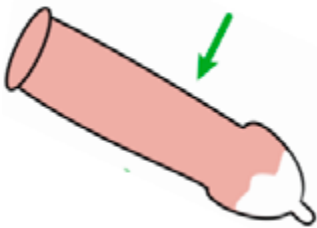


Place tip of condom over tip of erect (hard) penis

Roll the condom down over erect penis



Keep the condom on when you are having sex.

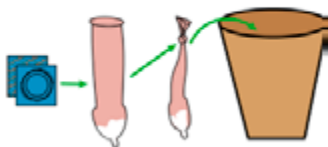


When you have finished having sex take the condom off carefully

Try not to spill any of the cum.

Tie a knot in the opening of the condom.

dispose of condom after use



Throw the used condom in a bin.

Do not throw the condom into the toilet.

Sexual Health Clinic



You can get free condoms at;

Sexual Health Clinic 0300 303 3989

Some G.P Surgery's

You can buy condoms at most chemists or supermarkets

This information can be offered in other formats on request, including a language other than English and Braille.

RD&E (Eastern Services) main switchboard: 01392 411611 NDDH (Northern Services) main switchboard: 01271 322577

For Royal Devon services log on to: <https://royaldevon.nhs.uk>

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