

Sleep Apnoea

Reference Number: F4698
Date of Response: 12th July 2022

Further to your Freedom of Information Act request, please find the Trust's response, in **blue bold text** below:

Royal Devon's Eastern FOI Office Response

- 1) How many Obstructive Sleep Apnoea home sleep studies do you perform per week? (approx.)

The Trust performs approximately 25 obstructive sleep apnoea home sleep studies per week.

- 2) In your Sleep and Respiratory Services which diagnostic methods (not brand) do you routinely use (first-line) for the diagnosis of Obstructive Sleep Apnoea? (e.g. Polysomnography, polygraphy, Oximetry) (Could be multiple choice)

The Trust routinely use Polygraphy and Oximetry for the diagnosis of Obstructive Sleep Apnoea.

- 3) For the diagnosis of Obstructive Sleep Apnoea, which manufacturer's technology do you use? (e.g. ResMed, Nox, Nonin, Watch PAT Itamar) (Could be multiple choice)

The Trust uses the following manufacturer's technology for the diagnosis of Obstructive Sleep Apnoea:

- **ResMed**
- **Nox**
- **Nonin**
- **Konica-Minolta**
- **Masimo**
- **TOSCA**

- 4) For sleep apnoea home sleep studies, how do you most commonly provide diagnostic equipment to patients? (e.g. Patient collects, courier, combination)

For sleep apnoea home sleep studies, the patient (or representative) picks up and drops off diagnostic equipment from the clinic.

- 5) In your service, please indicate the approximate percentage (%) of new patients who are setup with a CPAP device via:

Face to face setup (patient in hospital): 99%

Virtual telephone/video call setup (patient at home): 1%

Self-guided, using instructions provided with the device (patient at home): 0%

Via third party service provider: 0%

Other (please state): 0%

- 6) During the first 90 days of CPAP therapy, on average how many times do you proactively follow-up with patients to support them?

On average, the Trust follows up once with patients to support them during the first 90 days of CPAP therapy.

- 7) For the ongoing management of compliant Obstructive Sleep Apnoea patients, what is your most common follow-up process? (e.g. scheduled virtual follow-up, scheduled face to face follow up, reactive)

The Trusts most common follow-up process is scheduled virtual follow-ups (Via Telephone/Video call).

- 8) How do you most commonly distribute CPAP consumables and accessories (masks, tubing etc.) to patients? (e.g. Patient collects, post)

The Trust most commonly distributes CPAP consumables and accessories to patients via post or courier.