

After your CT Colonography scan without BuscopanTM

(Northern services)

Other formats

If you need this leaflet in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, contact the Patient Advice and Liaison Service:

- 01392 402093 (for Mid Devon, East Devon and Exeter services)
- 01271 314090 (for North Devon services)
- rduh.pals@nhs.net

What happens after your CT Colonography scan?

Following your scan, we will show you to a private toilet where you will be able to make yourself comfortable and get dressed. You may pass a lot of wind but this is normal as your body gets rid of the carbon dioxide gas that inflated your bowel during the scan.

When you are ready we will ask you to sit in the waiting area and will offer you a hot drink and biscuits.

If your scan used an injection of contrast media (dye) we will ask you to remain in the waiting area for 30 minutes to ensure there are no immediate complications. At this point, one of our team will remove the small tube (cannula) from your arm and, if you are feeling well, you may leave the department. However, we will ask you to stay in the hospital for an extra 30 minutes. You may wish to use this time to get a coffee from the café. If you are feeling well after this time then you may leave the hospital.

If your scan did not use an injection of contrast (dye) we will ask you to remain in the department for 20 minutes to recover from your procedure. If you are feeling well after this time then you may leave the hospital.

You may eat and drink as usual as soon as you wish, though we recommend you drink plenty of fluids over the next few days.

How will I feel after the procedure?

Moving around, together with eating and drinking as usual, will help ease any minor discomfort you may be feeling for up to two hours after your scan. Taking paracetamol may help too.

How will I know the results?

The results of your examination will be sent to your consultant who asked for the procedure. Your consultant will then be in contact with you to discuss the results and let you know of any follow up.

If you need advice after the scan

Most patients will start to feel normal shortly after the procedure. However, **if you have any of the following symptoms over the next few days, please get in touch straight away with your GP or NHS 111 for advice.** They will be in the best place to give the help you need.

- Severe abdominal pain
- Increasingly painful abdominal discomfort
- Sweating and/or nausea (feeling or being sick)
- Feeling generally unwell

You can also contact the CT department if you have any questions or concerns following your scan. The CT radiographers can be contacted on 01271 314130 (Monday – Friday, 9:00am – 5:00pm).

References

National CT Colonography Academy training materials

Your notes

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern, please contact PALS:

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- 01271 314090 (for North Devon services)
- rduh.pals@nhs.net

Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

You can also share your feedback on the Care Opinion website at www.careopinion.org.uk or freephone 0800 122 3135.



Scan the QR code to visit the Care Opinion website →

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