

After your CT Colonography scan - With Buscopan (Eastern Services)

Other formats

If you need this leaflet in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, contact the Patient Advice and Liaison Service:

- 01392 402093 (for Mid Devon, East Devon and Exeter services)
- 01271 314090 (for North Devon services)
- rduh.pals@nhs.net

What happens after your CT Colonography scan?

Following your scan, we will show you to a private toilet where you will be able to make yourself comfortable and get dressed. You may pass a lot of flatulence but this is normal and to be expected as the body gets rid of the carbon dioxide gas that was used to inflate the bowel.

After you have made yourself comfortable and got dressed you will be asked to sit in the waiting area where you will be offered a hot drink and biscuits.

We will ask you to remain in the waiting area for 30 minutes after your scan. This is to ensure there are no immediate complications following the scan. We will then come and remove the small tube (cannula) from your arm after these 30 minutes. At this point, if you are feeling well you can leave the department. If you have been given an injection of contrast media (dye) you will be asked to remain in the hospital for a further 30 minutes.

You can return to your normal eating and drinking pattern as soon as you like. Over the next couple of days, we recommend that you drink plenty of fluids.

How will I feel after the procedure?

The procedure may cause some minor abdominal discomfort for up to 2 hours even though the gas used to inflate your bowel is absorbed quite quickly. By returning to your normal diet and moving around, it will help to ease any remaining discomfort and paracetamol can be taken to help with the pain if required.

During your examination, you will have been given an injection of Buscopan (1ml of 20mgs Hyoscine-n-butylbromide) which has been used to relax the muscles in the bowel. One of

the side effects is the blurring of your vision, however, this usually only lasts up to a period of 30 minutes. As a result of this we recommend that you do not drive for an hour following the scan. **If you develop painful blurred vision, contact NHS 111 and ask for advice.**

How will I know the results?

The results of your examination will be sent to your consultant that requested the procedure. Your consultant will then be in contact with you to discuss the results and inform you if there is any further follow up.

If you need advice after the scan

The majority of patients will return to feeling normal after the procedure.

Please seek urgent medical advice if you experience any of the following symptoms over the next four days:

- Severe abdominal pain
- Increasingly painful abdominal discomfort
- Sweating and/or nausea
- Feeling generally unwell

If you experience these symptoms you should contact your GP or NHS 111 to seek advice. They will be in the best place to get the support or advice you need.

The CT department can also be contacted if you have any questions or concerns following your scan. The CT Radiographers can be contacted on 01392 402336 option 1, option 4 (Monday – Friday, 9:00am – 5:00pm).

References

National CT Colonography Academy training materials

Your notes

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern, please contact PALS:

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- rduh.pals@nhs.net

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