

Endoscopic Retrograde Cholangio-Pancreatography (ERCP) aftercare advice

(Eastern services)

Other formats

If you need this leaflet in another format such as Braille, large print, high contrast, British Sign Language or translated into another language, contact the Patient Advice and Liaison Service:

- 01392 402093 (for Mid Devon, East Devon and Exeter services)
- 01271 314090 (for North Devon services)
- rduh.pals@nhs.net

You have had an Endoscopic Retrograde Cholangio-Pancreatography (ERCP) – an examination of your biliary and pancreatic system. Please be aware of the following information and advice.

What to expect after your procedure?

- Your throat may feel slightly sore for a few hours.
- You may feel drowsy for several hours due to the lingering effects of the sedation used.
- You may feel a little bloated if some air used in the procedure has been left inside. These things will pass and there is no need for any medication.

Please be aware that:

- You must **not** drive for 24 hours.
- You must **not** operate machinery, drink alcohol or sign any legal documents until the next day.
- You must **not** return to work whilst under the effects of the sedative.
- Do **not** lock the bathroom or toilet door, or make yourself inaccessible to the person looking after you.

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern, please contact PALS:

- 01392 402093 (for Mid Devon, East Devon and Exeter services)
- 01271 314090 (for North Devon services)
- rduh.pals@nhs.net

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