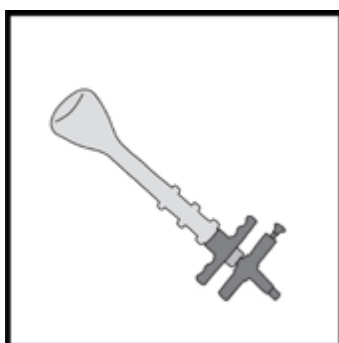


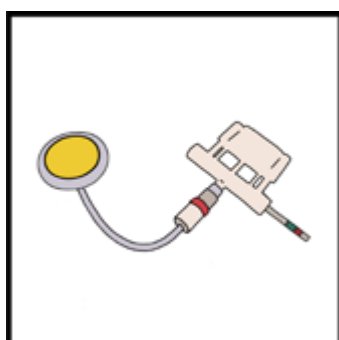
Ventouse Birth (Easy Read)



- Sometimes babies need help to be born
- It may be because your baby is tired
- It may be because you are tired



- If your baby needs help to be born, the Doctor may use a ventouse suction cup



- The plastic suction cup will be placed on your baby's head



- It will suction on your baby's head

contraction



- When you have your next contraction, the Doctor will tell you to push



- The ventouse will help pull the baby out



- If the ventouse does not work, you may need a caesarean section

suction bruise



- Your baby may have a bruise or swelling on their head



- The bruise or swelling will go after a few days



- If you have any questions speak to your Midwife or Doctor

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This information can be offered in other formats on request, including a language other than English and Braille.

RD&E (Eastern Services) main switchboard: 01392 411611 NDDH (Northern Services) main switchboard: 01271 322577

For Royal Devon services log on to: <https://royaldevon.nhs.uk>

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