

## Trust Obesity & Weight Management Strategy

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Reference Number: RDF2295-24

Date of Response: 27/02/23

Further to your Freedom of Information Act request, please find the Trust's response(s) below:

Please be aware that the Royal Devon University Healthcare NHS Foundation Trust (Royal Devon) has existed since 1<sup>st</sup> April 2022 following the integration of the Northern Devon Healthcare NHS Trust (known as Northern Services) and the Royal Devon and Exeter NHS Foundation Trust (known as Eastern Services).

*Under the Freedom of Information Act, I would like to request the following information:*

- 1. Do you have a Trust-wide obesity and weight management strategy? If so, how is this implemented (for example, through delivery of Tier 3 obesity services of the NHS Tiered Care Weight Management Pathway)?*

No, the Trust delivers two Tier 3 Weight Management Services (North Devon Specialist Weight Management Service in Northern locality & Exeter Medical Obesity Service in Eastern locality).

Please note our previous FOI response:

<https://www.royaldevon.nhs.uk/media/kkoplwit/foi-rdf1546-23-specialist-tier-3-weight-management-service.pdf>

- 2. Details of staff training to deliver these strategies*

No specific training specified outside of professional qualifications and the need for on-going relevant CPD as required for continued professional registration.

- 3. Details of any current training for clinical staff in the area of weight discrimination, weight stigma, weight bias and/or obesity awareness,*

No specific training being delivered outside of self-directed.

- 4. The number of complaints made to the Trust where weight discrimination, bias or stigma was mentioned in the period 1st January 2014 to 31st December 2023.*

The Trust holds easily obtainable information from 2021. Between 2021 and 2023 the Trust received a total of ≤5 complaints where weight discrimination, bias or stigma was mentioned/searched.

The Trust holds the information for 2014 to 2020 but it is not held in an easily reportable format. To provide you with the information requested would require the manual extraction and manipulation of information from various sources including separate legacy systems, and manually review every

complaint received from 1st January 2014. To carry out this work would exceed the appropriate cost limit as set out in Section 12 (1) of the Freedom of Information Act 2000 and is therefore exempt.

Under the Freedom of Information Act 2000 **Section 12 (1)** and defined in the Freedom of Information and Data Protection (Appropriate Limit and Fees) Regulations 2004, a public authority is not obliged to comply with a request for information if it estimates the cost of complying would exceed the appropriate limit. The limit of £450 represents the estimated cost of one person spending two and a half days in determining whether the Trust holds the information, locating, retrieving and extracting that information.

In accordance with **Section 40 (2)** of the Freedom of Information Act 2000, we are unable to provide figures where the number of patients is less than or equal to five and could risk the identification of those patients and breach Caldicott principles. In these cases  $\leq 5$  is used to indicate that a figure between 1 and 5 is being suppressed.

This follows NHS Digital (formerly HSCIC) analysis guidance (2014) which states that small numbers within local authorities, wards, postcode districts, CCG's providers and Trusts may allow identification of patients and should not be published.

5. *Any planned or current actions in response to the Health and Social Care Committee report on 'The Impact of Body Image of Mental and Physical Health'.*

Answer: The Freedom of Information Act allows the public to ask for copies of information held. This information is not held in documentation within the Trust.