

## Induction of Labour (Easy Read)



- Due date is only a guide
- Most babies don't appear on their due date, only 1 in 20 will.
- Most babies will either be born early or late.



- Induction of labour is when labour is started by a health Professional.
- You may be offered induction if;
  - Your baby is overdue
  - There are medical reasons to protect you or your baby.



- A pessary called Propess is inserted into your vagina near your cervix.
- Propess contains hormones that can start labour.
- The pessary will stay in your vagina for up to 30 hours.



- During this time, you will stay in hospital.
- During this time, we will check that you and your baby are well.



- Not all women who have the pessary will go into labour
- If you do not go into labour after 30 hours, the next step will be to go to labour ward. have your waters broken.
- There may be delays

This information can be offered in other formats on request, including a language other than English and Braille.

RD&E (Eastern Services) main switchboard: 01392 411611      NDDH (Northern Services) main switchboard: 01271 322577

For Royal Devon services log on to: <https://royaldevon.nhs.uk>

Smoking and second-hand smoke causes harm to patients and staff, and is not allowed on any Trust sites.

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by Royal Devon staff undertaking procedures at the Royal Devon hospitals.

© Royal Devon University Healthcare NHS Foundation Trust      Designed by Graphics (Print & Design), RD&E (Heavitree)