

Contraception advice following the administration of Sugammadex

Summary

- One of the medications used as part of your anaesthetic can reduce the effectiveness of hormonal types of contraception.
- If you are taking an oral contraceptive pill - please treat this as a missed pill and follow the instructions from your medication leaflet.
- If you are using a hormonal coil, implant, injection, vaginal ring or patch then you need to use additional forms of contraception such as condoms for 7 days.

Please continue to read this leaflet for a more detailed explanation.

What is sugammadex?

During your procedure as part of your anaesthetic you received a drug to relax all of your muscles, this provides the surgeons with the best conditions to operate as well as assisting the anaesthetist in managing your breathing. At the end of the procedure another drug called sugammadex is used to reverse these effects prior to waking you up.

Sugammadex can interact with certain forms of contraception and reduce their effectiveness and temporarily increase your chance of becoming pregnant.

Oral types of contraception affected:

This includes:

- The combined oral contraceptive pill
- The progesterone only pill, sometimes called the mini pill

What to do if you take one of these medications:

- Read your medication leaflet and follow your missed pill advice.
- A dose of sugammadex is the equivalent to missing one pill.

Other types of contraception affected:

This includes:

- Contraceptive implant (e.g. Implanon, Nexplanon)
- A hormonal intrauterine system (an IUS, e.g. Mirena, Kyleena, Liletta, Jaydess or Levosert)
- The contraceptive injection (e.g. depo-provera)
- The contraceptive patch (e.g. EVRA)
- The vaginal ring (e.g. NuvaRing)

What to do if you use one of these:

- Consult the medication leaflet for advice
- Use an additional form of contraception like condoms for 7 days

Further help and advice

Contact our local sexual health service:

- www.devonsexualhealth.nhs.uk
- 0300 303 3989
- For a list of local clinics, pharmacies and health care centres that provide contraception advice:
 - www.devonsexualhealth.co.uk/find-a-service-near-me

The Trust cannot accept any responsibility for the accuracy of the information given if the leaflet is not used by Royal Devon staff undertaking procedures at the Royal Devon hospitals.

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