

PROJECT SEARCH

Breaking Barriers: Josh's Inspiring Journey into Clinical Research

Josh, a young man with autism, has shattered stereotypes and proven that with determination and support, anything is possible. Over the course of two 10-week placements with Exeter University with the Royal Devon University Hospital, Josh embarked on a remarkable journey of self-discovery and professional growth.

From the outset, Josh found himself embraced by a team that not only accommodated his needs but celebrated his unique perspective. Despite initial doubts about his abilities, Josh was given the opportunity to immerse himself in the world of clinical research. Under the guidance of his mentor, John, he learned essential laboratory techniques such as spinning blood samples and underwent rigorous training to support the team effectively.

Through his experiences, Josh's confidence flourished, and he found himself becoming an integral part of the team. Working closely with manager Adam and Marcus, Josh received further training and took on responsibilities such as data inputting, showcasing his adaptability and willingness to learn.

Reflecting on his journey, Josh expressed gratitude for the opportunities he had been given and the unwavering support of his colleagues. His time in the lab not only equipped him with valuable skills but also ignited a passion for science and research.

As Josh sets his sights on his next rotation, he does so with a newfound sense of purpose and possibility. His story serves as a testament to the power of inclusion and the boundless potential that lies within every individual, regardless of their background or neurodiversity.

Josh's journey has not only transformed his own life but serves as an inspiration to others, proving that with determination, support, and opportunity, anyone can reach for the stars.

Josh is now looking for a rewarding position supporting the labs and other departments. Can you support him further. Please reach out to

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