

# Title: DXA Facilities

Reference Number: RDF1262 Date of Response: 20/02/2023

Further to your Freedom of Information Act request, please find the Trust's response(s) below:

#### Questions

#### Infrastructure:

1) Do you outsource your DXA scans? If Yes- please state the organisation providing this service and forward this FOI to your provider for completion (please continue to complete for any of the elements of the DXA pathway that are provided by your Trust/board)

No at the Eastern Service.

At the Northern Service, we have a contract with Musgrove Taunton. (Somerset NHS Foundation Trust) where they scan 14 patients a month for us.

2) trus	2) In January 2023 how many DXA scanning machines did you have at your trust/board for clinical use?				
		Eastern	Northern		
a.	n. Operational	1	1		
b.	n. not in use .	0	0		
C.	n. accessible outside of	0	1		

3) What is the average weekly capacity for clinical scans? (N. of scans per week) **Eastern** service - 65

Northern service - 15 but with extra sessions and Taunton this average to 22 at present.

4) What was your average DNA rate over the last 3 months? (n. DNA/total n. scans booked) – 8% Eastern. 1.2% Northern.

<i>5</i> )	What age range do you include in your clinical scans? Please tick all that appl		
		Eastern	Northern
a.	<20 years	yes	
b.	20-40 years	yes	yes
C.	40-60 years	yes	yes
d.	60-75 years	yes	yes
e.	75-80 years	yes	yes
f.	>80 years -	yes	Only with consultant
			approval

6) What is the duration of your routine DXA appointment:			ointment:	
		Eastern	Northern	
a.	15 minutes or less			
b.	16-25 minutes			
C.	26-30 minutes	yes		
d.	>30 minutes		Yes	

7) 202		for clinical patients	from referral to scan in January
		Eastern	Northern
a.	<2 weeks (move to Q9)	yes	
b.	2-6 weeks (move to Q9)		
C.	6-13 weeks		
d.	>13 weeks		yes

8)	8) What are your perceived barriers to delivering DXA scans within 6 weeks from				
refe	referral? Please tick all that apply				
Eastern Northern			Northern		
a.	Scanner capacity (DXA				
equi	ipment)				
b.	Clinical capacity (operator)		yes		
C.	Other- please state	None	Training new staff.		

9) refer	What was the average time rer in January 2023?	from the scan to the repo	ort being available to the
		Eastern	Northern
a. Yes	<3 weeks (move to Q11) –	yes	yes
b.	4-6 week		
C.	6-13 weeks		
d.	>13 weeks		

10)	What are your perceived	barriers to referrers rece	eiving DXA scan reports		
withir	within 3 weeks from scan? Please tick all that apply				
		Eastern	Northern		
a.	Clerical- internal				
b.	Clinical- internal				
C.	Factors external to this				
servi	ce (please state)				
d.	Other (please state) -	None	None		

11)	11) What hospital department is responsible for delivery of DXA scans:			
		Eastern	Northern	
a.	Radiology	yes	yes	
b.	Medical physics			
C.	Nuclear medicine			
d.	Rheumatology		support	

e.	Other- please state	

12) ser	Which DXA examinations vice? Please tick all that apply		outine protocols for the clinical
		Eastern	Northern
a.	Lumbar spine -	yes	yes
b.	Proximal femur -	yes	yes
C.	Long femur (AFF		
ass	essment)		
d.	Total body -	yes	
e.	Vertebral fracture	yes	
ass	essment (VFA) -		
f.	Peripheral/forearm -	yes	yes

13)	What access facilities do you have available? Please tick all that apply			
		Eastern	Northern	
a.	Overhead hoist			
b.	Portable hoist -	yes		
C.	Wheelchair transfers			
d.	Bed/trolly transfers -	yes		
e.	Changing room -	yes	yes	
<i>f</i> .	assistance for transfers -	yes		
g.	Other- please state			

### Workforce:

1)				
i) W	hat professional groups perfo	orm DXA scan mea	surements at your cen	iter?
(DX	'A operators)			
		Eastern	Northern	
a.	Radiographer –	Yes 6 WTE	Yes 1 WTE	
b.	DXA technician –	Yes 1 WTE		
C.	Assistant practitioner		Yes 1 WTE	
d.	Clinical scientist			
e.	Nurse			
f.	Medical Dr- please state			
spe	cialism ·			
g.	Other- please state			
h.	Unknown]			
	_			

2) oper	2) What DXA-specific training (outside of professional training) have the DXA operators performing scans had?		
	Eastern Northern		
a.	In house -	yes	yes
b.	Manufacturers applications	yes	yes
training -			

r N S F	- ROS Foundation course (all), ROS National training scheme (2 operators), PGCert Bone densitometry reporting (1 operator)	(Radiographer – DXA reporting for clinicians, Royal Osteoporosis society- Initial modules Fracture Prevention Practitioner, Advanced modules- Fracture prevention Practitioner, Vertebral Fractures in the clinical setting.
e. unknown		

3) What professional groups re	eport your DXA scans at	
your center? ()		
	Eastern	Northern
a. Radiographer - internal		yes
b. Radiographer - external		
c. DXA technician – internal		
d. DXA technician - external		
e. Assistant practitioner -		
internal		
f. Assistant practitioner -		
external		
g. Clinical scientist – internal		
h. Clinical scientist - external		
i. Nurse -internal		
j. Nurse - external		
k. Medical Dr – internal - please state specialism(s)		Rheumatologist supervises the service and is point of contact when outside the reporting SOP
I. Medical Dr – external -		
please state specialism(s)		
m. Other- please state -	We do not provide reports, only computer-generated scan analysis. This is done by Radiographers.	
n. Reporting is outsourced		
o. unknown -		

4) What training (outside of professional training) have those reporting DXA		
scans had- specifically in DXA reporting?		
	Eastern	Northern
a. In house		
b. Manufacturers applications		yes
training		
c. Recognized/accredited		
national training programme		
(please state the name of the		
training programme/provider)		
d. Other- please state		_
e. unknown –	N/A	

<i>5</i> )	5) What professional group provides clinical leadership		
for y	our service?		
		Eastern	Northern
a.	Radiographer		yes
b.	DXA technician		
C.	Assistant practitioner		
d.	Clinical scientist		
e.	Nurse		
f.	Medical Dr- please state	Rheumatology	Rheumatologist
spec	cialism(s) -		
g.	Other- please state		
h.	unknown		

6) Please indicate how many (WTE) clinical vacancies in your DXA service do you have in January 2023? (Free text) – None for East and Northern.

## Quality:

1)	Is your service accredited as part of a national programme?		
		Eastern	Northern
a.	ISAS		
b.	IOS		
C.	Other- please state		
d.	None	None	None
e.	Unknown		

		Eastern	Northern
a.	DXA scan technique		
b.	Reporting (double		
rep	orting)		
C.	Reporting (clinical review)		yes
d.	Scanner QA review - Yes	yes	
e.	Other- please state		referral from reporter
	•		for specialist opinion
			on report from

		rheumatologist. As well as referral for patients where a specialist review is recommended
f.	unknown	

3)	What IR(ME)R audits do you routinely undertake? Please tick all that apply		
		Eastern	Northern
a.	Patient pregnancy		
b.	DXA dose audit		
C.	Referrer entitlement		
d.	Scan justification		
e.	Other- please state		none as a specific department, but pregnancy and does comes under our radiology audits
f.	unknown - Yes	yes	

		Eastern	Northern
a.	Scan site -	yes	yes
b.	Scan mode -	yes	yes
C.	Reference data selection		
d.	Patient positioning -	yes	yes
e.	Scan analysis -	yes	yes
f.	Interpretation- T&Z-scores		yes
g.	Reporting		yes
h.	Other- please state		initial scans, follow up scan protocols, Patient ID, booking appointments, attending patients for scans
i.	Unknown		

5) Which of the following are routinely included in the DXA report issued to the

PRIMARY CARE referrer? Please	e tick all that apply	
	Eastern	Northern
a. Admin. details		
i. Date of assessment -	yes	yes
ii. Patient ID and	yes	yes
demographics -		
iii. Reason for referral -	yes	yes
iv. Reporter's ID -		yes
b. BMD results for each	yes	yes
measurement site -		
i. T score (after peak bone mass) -	yes	yes
ii. Z score -	yes	yes
iii. Rate of change for		l yes
serial measurements -	yes	
c. Comment on reliability of		
measurements		
i. BMD results		yes
ii. Documentation of		yes
excluded measurements eg		700
vertebrae		
iii. Statistical significance		only with serial scans
of rate of change		,
iv. Clinical significance of		
rate of change		
d. WHO diagnostic category	yes	yes
(for adults after peak bone mass)		
-		
e. Results of additional		
investigations performed at DXA		
appointment		
i. VFA		
ii. X-ray or other imaging		only if a formal result is
		known of a relevant
		test at the time.
iii. Laboratory tests		
f. Summary of clinical risk	yes	yes
factors for fracture -		
g. Summary of fracture history	yes	yes
h. Clinical interpretation to		
quantify absolute fracture risk		
i. FRAX+BMD	Yes (computer	yes
	generated so not using	
	most up to date	
	version of FRAX)	
ii. FRAX + TBS		yes

iii. FRAX+BMD plus	yes
comment on additional	
adjustment	
iv. Statement on level of	yes
risk based on clinical judgement	
(eg low/moderate/high)	
i. Management advice	
i. Reference to national	yes
guideline (NICE/NOGG/ROS)	
ii. Reference to local	yes
management guideline	
iii. Individualised advice	yes
j. Recommendations on:	
i. Need for onward	sometimes
referral eg falls assessment or	
additional investigation	
ii. Timing of future scan	yes

6) Which of the following are routinely included in the DXA report issued to the		
SECONDARY CARE referrer? Please tick all that apply		
	Eastern	Northern
a. Admin. details		
i. Date of assessment -	yes	yes
ii. Patient ID and	yes	yes
demographics -		
iii. Reason for referral -	yes	yes
iv. Reporter's ID -	yes	yes
b. BMD results for each		
measurement site		
i. T score (after peak	yes	yes
bone mass) -		
ii. Z score -	yes	yes
iii. Rate of change for	yes	
serial measurements -		
c. Comment on reliability of		
measurements		
i. BMD results		yes
ii. Documentation of		yes
excluded measurements eg		
vertebrae		
iii. Statistical significance		
of rate of change		
iv. Clinical significance of		
rate of change		
d. WHO diagnostic category	yes	yes
(for adults after peak bone mass)		
-		
e. Results of additional		
investigations performed at DXA		
appointment		
i. VFA		

ii. X-ray or other imaging		
iii. Laboratory tests		
f. Summary of clinical risk	yes	yes
factors for fracture -		
g. Summary of fracture	yes	yes
history -		
h. Clinical interpretation to		
quantify absolute fracture risk		
i. FRAX+BMD	Yes (computer	yes, if unable to use
	generated so not using	TBS
	most up to date	
" FDAY TOO	version of FRAX)	
ii. FRAX + TBS		yes
iii. FRAX+BMD plus		yes
comment on additional		
adjustment		
iv. Statement on level of		yes
risk based on clinical judgement		
(eg low/moderate/high)		1400
i. Management advice i. Reference to national		yes
		yes
guideline ii. Reference to local		\/OC
management guideline		yes
iii. Individualised advice		VAS
j. Recommendations on:		yes
i. Need for onward		VAS
referral eg falls assessment or		yes
additional investigation		
ii. Timing of future scan		yes
k. The secondary care report		_
is the same as the primary care		yes
report		
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