

## Title Pulmonary Rehabilitation

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Reference Number: RDF1755-23  
Date of Response: 01/09/2023

Further to your Freedom of Information Act request, please find the Trust's response(s) below:

Please be aware that the Royal Devon University Healthcare NHS Foundation Trust (Royal Devon) has existed since 1<sup>st</sup> April 2022 following the integration of the Northern Devon Healthcare NHS Trust (known as Northern Services) and the Royal Devon and Exeter NHS Foundation Trust (known as Eastern Services).

*In line with the Freedom of Information Act (2000) we would like to understand the type of models, capacity and waiting times for pulmonary rehabilitation (PR) given to **outpatients at your hospitals.***

*We would be grateful if you could respond to the following questions:*

*1. How many weeks PR do you offer as standard?*

Eastern Service: including community Services for Eastern: 6 weeks – twice a week, each session is 2 hours in duration (1 hour of exercise, 1 hour of education)

Northern service: 6 weeks, twice weekly.

*2. What % of your PR referrals have already undergone PR over the last full year July 1st, 2022 - July 1st, 2023?*

Eastern	Northern	Community
* Section 40	17%	0

### **Section 40 (2) - Less than five -**

The Trust is unable to give the % figure for the Eastern service as \* <5 patients have been seen in the last 12 months. In accordance with Section 40 (2) of the Freedom of Information Act 2000, we are unable to provide figures where the number of patients/staff is less than or equal to five and could risk the identification of those patients and breach Caldicott principles. In these cases, ≤5 is used to indicate that a figure between 1 and 5 is being suppressed.

This follows NHS Digital (formerly HSCIC) analysis guidance (2014) which states that small numbers within local authorities, wards, postcode districts, CCG's providers and Trusts may allow identification of patients and should not be published.

3. *What are your current waiting times for PR?*

Eastern	Northern	Community
longest wait time is 7 months	Max 90 days – *please see notes	6 – 12 months  **please see notes

Notes: \* Community:

This is due to limited staffing levels (1xPT 0.6 & 1xRSW 0.8) and the fact we cover an extremely large geographical area, all of East Devon (Axminster & Seaton, Honiton to Newton Poppleford & Exmouth) in addition to Mid Devon (Tiverton & Cullompton to Crediton & Okehampton)

\*\* Northern service: If patients are prepared to travel to Barnstaple or Bideford, they would wait a maximum of 90 days. If they want to wait until they are seen in their local area this could be up to 12 months.

4. *What PR service models do you offer and what is the patient capacity? – see below:*

Model	Eastern service: Yes or no	Eastern service: Capacity of patients per class	Eastern Community service Yes or no	Eastern Community service Capacity of patients per class	Northern service Yes or no	Northern service: Capacity of patients per class
<i>In person, face to face</i>	Yes	10	Yes	12 (1xPT & 1xRSW)	Yes	16
<i>In person, face to face plus an app</i>	No	0	No		No	-
<i>Online and in real time</i>	No	0	NO		No	-
<i>Via an app used at home at the patient's convenience</i>	No	0	No		No	-