

How to put on your Self Suspending Knee Disarticulation Prosthesis

1. Remove brown Juzo shrinker if worn.



5. Bend knee of prosthesis and push liner in making sure the socket and liner match up.



2. Pull cotton sock on to residual limb ensuring there are no wrinkles.



6. Pull socks out over the top of the socket and fold back.

3. Pull liner out of the socket and pull on to residual limb, ensuring your leg is pushed right down to the end of the liner.



If your socket feels too loose, add extra cotton socks. If more than one sock is worn, they should be put on separately. Both thick and thin socks are available.

If your socket feels too tight, try a thinner cotton sock.

If your socket is still loose with three thick socks or tight with one thin sock, then make an appointment to see your prosthetist.



4. Pull thin nylon sock over the top of the liner.

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